

NUTRITIONAL FACTS

VEGAN ROBS

Cauliflower Puffs

Nutrition Facts	
Serving size 1 oz (28g/about 1.75 cups)	
Amount per serving	
Calories	140
<small>% Daily Value*</small>	
Total Fat 7g	9%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 6g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Total Carbohydrate 16g	6%
Dietary Fiber less than 1g	2%
Total Sugars less than 1g	
Includes less than 1g Added Sugars	1%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.9mg	6%
Potassium 110mg	2%
Vitamin C 8mg	8%
Thiamin 0.05mg	4%
Riboflavin 0.02mg	2%

Ingredients: Non-GMO Sorghum Grain Meal, Sunflower or Safflower Oil, Cauliflower Powder, Nutritional Yeast, White Rice Flour, Sea Salt, Raw Cane Sugar, Onion Powder, Garlic Powder, Black Pepper, White Pepper.



NUTRITIONAL FACTS

VEGAN ROBS

Cheddar Puffs

Nutrition Facts	
Serving size 1 oz (28g/about 1.75 cups)	
Amount per serving	
Calories	140
	<small>% Daily Value*</small>
Total Fat 7g	9%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 6 g	
Cholesterol 0mg	0%
Sodium 250mg	11%
Total Carbohydrate 17g	6%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.5mg	2%
Potassium 60mg	0%

Ingredients: Non-GMO Sorghum Grain Meal, Sunflower or Safflower Oil, Tapioca, Maltodextrin, Sea Salt, Natural Flavors, Onion Powder.

