

# NUTRITIONAL FACTS

HAZELNUT HILL

## Salted Hazelnuts

<b>Nutrition Facts</b>	
8 servings per container	
Serving size	1 Ounce (28g)
<b>Amount per serving</b>	
<b>Calories</b>	<b>180</b>
<small>% Daily Value*</small>	
<b>Total Fat:</b> 17g	22%
Saturated Fat: 1g	5%
Trans Fat: 0g	
<b>Cholesterol:</b> 0mg	0%
<b>Sodium:</b> 135mg	6%
<b>Total Carbohydrate:</b> 5g	2%
Dietary Fiber: 3g	11%
Total Sugars: 1g	
Includes 0g Added Sugars	0%
<b>Protein:</b> 4g	
<b>Vitamin D:</b> 0mcg	0%
<b>Calcium:</b> 36mg	2%
<b>Iron:</b> 1mg	6%
<b>Potassium:</b> 213mg	4%

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Dry roasted hazelnuts, acacia gum, sea salt.

Processed in a facility which uses tree nuts, gluten, soy and dairy.

**From tree to table:** Grown and packaged by the people at Hazelnut Hill near Eugene, Oregon.

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8 servings per container	
Serving size 1 Ounce (28g)	
Amount per serving	
<b>Calories</b>	<b>180</b>
* % Daily Value*	
<b>Total Fat:</b> 18g	23%
Saturated Fat 1.5g	3%
Trans Fat 0g	
<b>Cholesterol:</b> 0mg	0%
<b>Sodium:</b> 0mg	0%
<b>Total Carbohydrate:</b> 5g	2%
Dietary Fiber 3g	11%
Total Sugars 1g	
Includes 0g Added Sugars	0%
<b>Protein:</b> 4g	
Vitamin D 0mcg	0%
Calcium 32mg	2%
Iron 1mg	6%
Potassium 214mg	4%

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Roasted hazelnuts.

Processed in a facility which uses tree nuts, gluten, soy and dairy.

**From tree to table:** Grown and packaged by the people at Hazelnut Hill near Eugene, Oregon.

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HAZELNUT HILL

## Hazelnut Toffee

<b>Nutrition Facts</b>	
For a Serving Size of 1oz (28.35g)	
<b>Calories</b>	<b>108.7</b>
Calories from Fat: 46.8	43%
<b>% Daily Value*</b>	
<b>Total Fat:</b> 5.2g	-
Saturated Fat 2.1g	-
<b>Cholesterol</b> 2.4mg	-
<b>Sodium</b> 85.1mg	4%
<b>Potassium:</b> 47.3mg	2%
<b>Carbohydrates:</b> 9.9g	-
Net Carbs: 8g	-
<b>Fiber:</b> 1.9g	8%
Glucose: 0.5g	-
<b>Protein:</b> 9.4g	-

\* The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Hazelnuts, pure cane sugar, butter (cream, milk, natural flavor), chocolate (55% dark chocolate), sunflower lecithin, salt, pure vanilla extract, baking soda, cream of tartar, water.

Processed in a facility which uses tree nuts, gluten, soy and dairy.

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*HAZELNUT HILL*