

NUTRITIONAL FACTS

ANNABELLE'S KITCHEN

(12) 6 oz. Lasagna Rollups in Cheese

Ingredients:

Water, Ricotta Cheese (milk, whey, vinegar, salt and xanthan gum, locust bean gum, guar gum, (stabilizers)), Extra Fancy Durum Flour (durum wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), Bread Crumbs (bleached wheat flour, yeast, sugar, salt), Salt, Modified Food Starch, Romano Cheese (pasteurized cow's milk, cheese cultures, salt, enzymes), Black Pepper, Parsley

CONTAINS: WHEAT, MILK

Cooking Instructions:

Pre-heat oven to 400°F. Line bottom of an oven-safe baking dish with sauce. Place lasagna portions on top and cover generously with sauce. Bake for 35-40 minutes or until internal temperature is 165°F for 15 seconds.

Convection oven: 400°F for 30-35 minutes or until internal temperature is 165°F for 15 seconds.

Nutrition Facts	
6 servings per container	
Serving size	6 oz (170g)
Amount per serving	
Calories	290
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 4.5g	22%
<i>Trans</i> Fat 0g	
Cholesterol 30mg	10%
Sodium 670mg	29%
Total Carbohydrate 42g	15%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 12g	
Vitamin D 0mcg	0%
Calcium 180mg	15%
Iron 2mg	10%
Potassium 90mg	0%
<small>* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

NUTRITIONAL FACTS

ANNABELLE'S KITCHEN

(12) 6 oz. Lasagna Rollups in Spinach Florentine

Ingredients:

Water, Ricotta Cheese (milk, whey, skim milk, vinegar, salt, and xanthan gum, locust bean gum, guar gum, (stabilizers)), Extra Fancy Durum Flour (durum wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), Spinach, Bread Crumbs (bleached wheat flour, yeast, sugar, salt), Salt, Romano Cheese (pasteurized cow's milk, cheese cultures, salt, enzymes), Modified Food Starch, Black Pepper, Parsley

CONTAINS: WHEAT, MILK

Cooking Instructions:

Pre-heat oven to 400°F. Line bottom of an oven-safe baking dish with sauce. Place lasagna portions on top and cover generously with sauce. Bake for 35-40 minutes or until internal temperature is 165°F for 15 seconds.

Convection oven: 400°F for 30-35 minutes or until internal temperature is 165°F for 15 seconds.

Nutrition Facts	
6 servings per container	
Serving size	6 oz (170g)
Amount per serving	
Calories	230
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1g	4%
<i>Trans</i> Fat 0g	
Cholesterol 10mg	4%
Sodium 560mg	24%
Total Carbohydrate 41g	15%
Dietary Fiber 3g	11%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 160mg	10%
Iron 2mg	10%
Potassium 90mg	0%
<small>* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	