

NUTRITIONAL FACTS

MAMA MANCINI'S (M90902)

MamaMancini's 75 Count Mini Meatballs and Italian Style Sauce

Nutrition Facts	
Serving Size 5 meatball and 1/2 cup of sauce (170g) Servings per unit 15	
Amount Per Serving	
Calories 130	
% Daily Value*	
Total Fat 5.5g	8%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 520mg	22%
Total Carbohydrate 7g	2%
Dietary Fiber 1g	5%
Sugars 3g	
Protein 12g	
Vitamin A 20%	Vitamin C 10%
Calcium 4%	Iron 6%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300g 300g
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300mg 375mg
Dietary Fiber	25g 30g

BEEF MEATBALLS

INGREDIENTS:

Sauce: Tomatoes, Tomato Paste, Onion, Olive Oil, Garlic, Citric Acid, Pepper, Bay Leaves, and Basil.

Meatball: Ground Beef, Asiago Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes.), Pecorino Romano Cheese [(Pasteurized Sheep's milk, Cheese cultures, Salt, Enzymes) Food Starch, added to Prevent Caking], Onion, Breadcrumbs (unbleached wheat flour, sugar, yeast, salt), Parmesan Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes.), Whole Eggs, Parsley, Black pepper, Salt.

CONTAINS: Egg, Milk, and Wheat.

Nutrition Facts	
Serving Size 5 meatball and 1/2 cup of sauce (170g) Servings per unit 15	
Amount Per Serving	
Calories 110	
% Daily Value*	
Total Fat 4.5g	7%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 440mg	18%
Total Carbohydrate 6g	2%
Dietary Fiber 1g	6%
Sugars 3g	
Protein 10g	
Vitamin A 20%	Vitamin C 10%
Calcium 4%	Iron 6%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300g 300g
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300mg 375mg
Dietary Fiber	25g 30g

TURKEY MEATBALLS

INGREDIENTS:

Sauce: Tomatoes, Tomato Paste, Onion, Salt, Olive Oil, Garlic, Citric Acid, Pepper, Bay Leaves and Basil
Meatball: Ground Turkey, Parmesan Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes.), Pecorino Romano Cheese [(Pasteurized Sheep's milk, Cheese cultures, Salt, Enzymes) Food Starch, added to Prevent Caking], Onions, Breadcrumbs (Unbleached Wheat Flour, Sugar, Yeast, Salt), Asiago Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes.), Whole Eggs, Parsley, Black Pepper, Salt.

CONTAINS: Egg, Milk, and Wheat.