

# NUTRITIONAL FACTS

## GONANA S

### Flavor: Instant Original Packet

Insert nutritional information and ingredient images here

<b>Nutrition Facts</b>	
1 serving per container	
<b>Serving size</b>	<b>1 Packet (45g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>170</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 2g	3 %
Saturated Fat 0g	0 %
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 0g	
<b>Cholesterol</b> 0mg	0 %
<b>Sodium</b> 360g	16%
<b>Total Carbohydrate</b> 36g	13%
Dietary Fiber 3g	11%
Total Sugars 18g	
Includes 18g Added Sugars	36%
Sugar Alcohol 0g	
<b>Protein</b> 4g	8 %
Vitamin D 0mcg	0 %
Calcium 33.8mg	2 %
Iron 1.2mg	6 %
Potassium 103mg	2 %
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: gluten free oat flour, brown sugar, cinnamon, salt, baking soda, baking powder.

# NUTRITIONAL FACTS

## GONANA S

### Flavor: Instant Brownie Batter Packet

Insert nutritional information and ingredient images here

Nutrition Facts	
1 serving per container	
<b>Serving size</b>	<b>1 Packet (52g)</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>200</b>
<small>% Daily Value*</small>	
<b>Total Fat</b> 4g	5 %
Saturated Fat 2g	10%
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 1g	
<b>Cholesterol</b> 0mg	0 %
<b>Sodium</b> 369mg	16%
<b>Total Carbohydrate</b> 39g	14%
Dietary Fiber 3g	11%
Total Sugars 23g	
Includes 22g Added Sugars	44%
Sugar Alcohol 0g	
<b>Protein</b> 4g	8 %
Vitamin D 0mcg	0 %
Calcium 16.4mg	1 %
Iron 1.9mg	10%
Potassium 172mg	4 %
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Ingredients: gluten-free oat flour, brown sugar, chocolate chips (sugar, chocolate liquor, cocoa butter, sunflower lecithin), cocoa powder, vanilla powder, baking soda, baking powder, sea salt, natural chocolate flavor.