NUTRITIONAL FACTS

Egg Harbor

3 lbs. Panko Breaded Salmon Fillets

Ingredients: Salmon, Wheat Flour, Modified Corn Starch, Yellow Corn Flour, Rice Flour, Salt, Wheat Gluten, Natural Flavors, Yeast Extract, Maltodextrin, Extractives of Paprika and Turmeric, Bleached Wheat Flour, Yeast, Parsley Flakes

Nutrition Facts	
1 servings per container	
Serving size	**4 oz (113g)**
Amount per serving	
Calories	**200**
	% Daily Value*
Total Fat 5g	**6%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 130mg	**43%**
Sodium 200mg	**9%**
Total Carbohydrate 19g	**7%**
Dietary Fiber 1g	**4%**
Total Sugars 2g	
Includes 0g Added Sugars	**0%**
Protein 19g	
Vitamin D 8mcg	40%
Calcium 24mg	2%
Iron 1mg	6%
Potassium 303mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.