

DERMAFLASH Treatment Step 1: Prep

1. Always remove all makeup before cleansing the skin.
2. Wet your face and hands. Using a small amount of **DERMAFLASH Prep**, create a lather in your hands and massage onto your face.
3. Rinse thoroughly with clear water. Pat the skin dry.

CAUTION: **DERMAFLASH Prep** is for external use only. Avoid contact with eyes.

DERMAFLASH Treatment Step 2: Edge

1. **DERMAFLASH** exfoliating treatment takes about 5 to 10 minutes. **DO NOT** go over any facial area more than once. For safety and ultimate efficacy, a new edge must be used for each facial treatment.

WARNING! To avoid personal injury, **NEVER** hold the **DERMAFLASH** at a 90° angle or perpendicular to your skin.

2. Before using your **DERMAFLASH** facial exfoliator, **ALWAYS** pull your hair back and secure with clips or an elastic hair band to keep hair away from your face.
3. Hold the head of the **DERMAFLASH** between your thumb and forefinger. Always let the blue rubberized guides on both sides act as your guide. **DERMAFLASH** has been intuitively designed to lie on the skin at the correct angle. Laying the pad against your face ensures the proper positioning for the edge.
(See Figure 6.)



Figure 6



Figure 7

4. Use the **DERMAFLASH** facial exfoliator in patterns suggested in the illustration. (See Figure 7.)
5. You can **DERMAFLASH** your cheeks, your entire chin area (including just below chin), above and below your lips and your forehead. **DERMAFLASH** each area while supporting your skin with a finger from your other hand.
6. Use short feathery strokes, begin at hairline just in front of ear and move inward following the contours of your face.

Forehead Area

7. NEVER USE **DERMAFLASH** DIRECTLY ON YOUR NOSE.
8. To avoid unintentional hair loss, NEVER use **DermaFlash** directly on the brow or close to your eyebrows, sideburns, or anywhere inside hairline.
9. Make short, feathery, gentle downward strokes to the area above your eyebrows.

Eye and Cheek Area

10. NEVER USE **DERMAFLASH** INSIDE THE EYE AREA, OR CLOSE TO EYELASHES OR EYELIDS.
11. Begin the treatment in front of your ear at the top of the cheekbone. With your free hand holding your skin taut and using short, feathery strokes, glide **DERMAFLASH** inward towards the nose, over the contours of your cheek and entire side of your face. **Take care to avoid the eye socket area and nose.**

Above and Below the Lip and Chin

12. NEVER USE DERMAFLASH DIRECTLY ON YOUR LIPS.
13. **Above the top lip:** Begin at the outer corner of the nose area, make short downward strokes following the contours of the cheek down to top lip.
14. **Below the bottom lip:** Working in short upward strokes, begin at the outside corner of the mouth and work toward the center. (See Figure 9.)
15. **Chin:** Begin at the center of the chin. Using short downward strokes work your way over the jaw line.
16. When you are finished exfoliating your face, press and hold the ON/OFF button for 2 seconds to turn your **DERMAFLASH OFF**. The hummingbird light will turn OFF.

DERMAFLASH Treatment Step 3: Soothe

1. After exfoliating, you may experience a temporary redness after treatment. This should be considered normal and the slight flushing will disappear.
2. Gently massage a small amount of **DERMAFLASH Soothe** onto your face.

CAUTION: DERMAFLASH Soothe is for external use only. Avoid contact with eyes.